



2009 CROSS COUNTRY

<u>Date</u>	<u>Opponent</u>	<u>Site</u>	<u>Teams</u>
September 5	Tyler Lee Cross Country Classic	University of Texas at Tyler	HS Only
September 12	Texas A&M Cross Country Invitational	College Station	HS Only
September 19	OPEN		
September 26	Titus County Fair Invitational	Mt. Pleasant High School	JH & HS
October 2	Lindale Eagle Cross Country Meet	Garden Valley Golf Course	HS Only
October 9	Running of the Cows	Hallsville Cross County Meet	JH & HS
October 26	District 18-2A Cross Country Meet	Winona High School	HS Only
October 27	District 18-2A Junior High Meet	Winona High School	JH Only
November 7	UIL Region II Championship	Arlington, Texas	HS Only
November 14	UIL State Championship	Round Rock, Texas	HS Only

See Coach Heffner for specific race times.

HS = High School
JH = Jr. High

Go Cardinals!!!

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